



CORONAVIRUS FACT SHEET

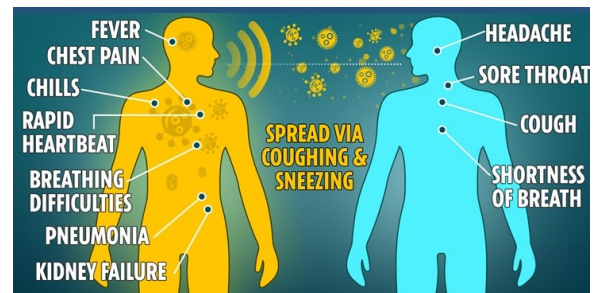
Compiled by CorpsAfrica, March 4, 2020

BACKGROUND AND TRANSMISSION:

- Coronavirus is a respiratory disease that is transmitted between animals and humans
- It was first detected in China in December 2019 and, as of March 3, 2020, has been detected in 60 locations internationally and declared a global health emergency
- It is spread by close person-to-person contact; through respiratory droplets produced when an infected person coughs or sneezes
- The droplets can also land on objects and surfaces where someone can then pick them up and touch his/her mouth, nose or eye(s).

SYMPTOMS:

Similar to those of a common cold: sneezing, stuffy or runny nose, sore throat, coughing, watery eyes, mild headache, mild body aches, shortness of breath, high fever, and a general feeling of discomfort.



PREVENTION:

- Avoid close contact with people who are sick or anyone showing the symptoms
- Avoid touching your eyes, nose, and mouth.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
- Stay home when you are sick.
- Cover your cough or sneeze with a disposable tissue and throw it away immediately
- Clean frequently touched objects and surfaces
- Thoroughly cook meat and eggs



Source: Centers for Disease Control and Prevention, 2020